



enerdure® – Energy and balance in everyday life.

With magnesium, vitamins, extracts from lemon balm and saffron.



Everyday life is draining your energy?

Our way of living is often characterized by stress. Meaning that we must deal with worries and difficulties. This often leads to increased irritability, restlessness and tension.

Nowadays stress can hardly be avoided – but we can support our body in dealing with potentially stressful situations in the best way possible.

enerdure® was developed for this reason, to support you during those busy days: It is not only the energy boost you need when feeling tired and worn out, it also supports your mental agility naturally for when full focus is needed.

Long-lasting effect on demand:

-  Noticeable effect within 1 hour after taking the first capsule
-  Formulation with long-lasting positive effects

Each bottle contains 30 capsules.
This amount is equal to 30 recommended daily doses.

PZN: 18914025



Important notes:

- Do not exceed the recommended dose of 1 capsule daily.
- Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.
- Keep enerdure® out of reach of children and store in a dry place below 25°C.

Prepare yourself for everyday life challenges – naturally.

Saffron (Affron®)

Natural alternative for treatment of moodiness and symptoms of mild depression.

Saffron is not known to cause any interactions with contraceptives and does not lead to photosensitivity. Therefore, it is better tolerated than other commonly used herbal preparations (e.g.: St. John's wort)

Vitamin B6 + B9 (Folic Acid)

B6 is an important regulator for mood swings and supports with anxiety.

Folic acid is known to have a positive effect on the mind and reduces fatigue.

Lemon Balm (Bluenesse®)

Positive affect on mental capacity and the ability to tolerate stress.

Known to help with insomnia, nervous conditions, stress-related headaches and sensitivity towards weather changes.

Bluenesse® increases your attention, memory function and the ability to concentrate without having a stimulating effect.

Magnesium

Magnesium plays an important role in a healthy nervous system and reduces stress.

Lack of magnesium can lead to symptoms of anxiety and depression.

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